

GRAC'S
LADIES THAT LIFT

PRICE LIST

MEMBER

\$126

x2 Lifting Group Technique Sessions
Welcome pack
Tracker booklet
x2 Evolt Scans
Receive a free Gold Membership upgrade
for duration of program

NEW TO GRAC Training only

\$126

x2 Lifting Group Technique Sessions
Welcome pack
Tracker booklet
x2 Evolt Scans

NEW TO GRAC + GOLD Membership

\$199

x2 Lifting Group Technique Sessions
Welcome pack
Tracker booklet
x2 Evolt Scans
Pay for bronze and receive a free Gold Membership
upgrade for duration of program